

## Neotech Campus – Event report

Name of Institute: Neotech School of Nursing

NC/ NSN /Event report/2024-25/002



Date: 23<sup>rd</sup> August 2024

1. Title of the Event: Nutrition Program

2. Organized by: Neotech school of Nursing

3. Date & Venue: 23/08/2024, Nursing building, Neotech campus

4. Objective:

A. The program also aims to develop students' abilities to work collaboratively with other healthcare professionals to ensure comprehensive patient care

B. Understanding the unique nutritional requirements of different patient populations, such as infants, children, pregnant women, and older adults

C. Learning how to adapt dietary plans to meet the specific needs of patients with various medical conditions, such as renal disease, hypertension, and diabetes

5. Resource Person(s):

Name: Ms. Binal Parikh

Designation: Nursing Tutor

Organization: Neotech School of Nursing

6. Number of Participants:

Number of Student	27
Number of Faculty	06
Number of external participants (if any)	00

7. Program Schedule:

Time	Session Details	Speaker
2:00 PM	inauguration ceremony	By Mr. S.D Toliwal sir
2:05 PM	Visit each diet plan station	

8. Key Highlights:

A nutrition program in a Neotech school of nursing college is the practical application of theoretical knowledge to real-world scenarios, such as creating diet plans for various medical conditions.

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This involves understanding nutritional needs, developing therapeutic diets, and promoting healthy food choices within the community

### 9. Outcomes of the Event:

To equip students with the knowledge and skills to assess patients' nutritional needs, plan appropriate diets

### 10. Feedback Summary:

The program has been a valuable tool in helping all to educate patients/relative and promote healthy eating behaviours.

### 11. Conclusion & Acknowledgment:

Students reported increased knowledge and understanding of nutrition principles and their role in providing nutritional care and program led to an increase knowledge in students and Neotech faculty members about nutrition, dietary recommendations, and healthy eating habits.

Nutrition programs in nursing are vital for preparing nurses to provide comprehensive and effective patient care. By continuously improving these programs and focusing on the needs of both students and patients, the profession can better address the growing challenges of malnutrition and promote healthier outcomes

### 12. Supporting Documents:



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Submitted by:

Name: Ms. Binal Parikh

Date: 23/08/2024

# VADODARA