Neotech Institute of Pharmacy YOGA DAY Celebration

Date: 21/06/2024

The International Day of Yoga was celebrated with great enthusiasm and participation on June 21, 2024 at Neotech institute of Pharmacy (NIPH). It aims to raise awareness about the benefits of yoga and promote global harmony and peace. Throughout the day, multiple yoga sessions were conducted by student volunteers.

The event successfully promoted yoga for physical, mental, and spiritual wellbeing, fostering unity among diverse participants.

