**Neotech Campus - Event report** 

Name of Institute: Neotech Institute of Physiotherapy

NC/ NIP/Event report/2024-25/002

**Date:** 09/09/2024

#### 1. Title of the Event:

Celebration on world physiotherapy day

### 2. Organized by:

Neotech Institute of Physiotherapy

#### 3. Date & Venue:

09/09/2024, Physiotherapy Building

### 4. Objective:

The celebration of World Physiotherapy Day at Neotech Institute of Physiotherapy aimed to recognize and promote the critical role of physiotherapists in enhancing global health and improving quality of life. The event served as a platform to raise awareness about the importance of physiotherapy in preventing and managing various health conditions, and to highlight its contribution to patient rehabilitation and long-term wellness.

### **5.** Resource Person(s):

Dr. Srushti Vyas, Assistant Professor

Dr. Divya Patil, Assistant Professor

# 6. Number of Participants:

Number of Student	40
Number of Faculty	05
Number of external participants (if any)	00

### 7. Program Schedule:

Time	Session Details	Speaker
10:30 -12:00 PM	Poster Making Competition	By students
01:00- 02:00 PM	Rangoli Competition	By students
02:00- 4:00 PM	Fish pot, admin show	By students
04:00-04:30 PM	Prize distributions & speech	By Principal

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# 8. Key Highlights:

- Main theme was low back pain & role of physiotherapy in its management and prevention
- Emphasis was placed on posture correction, ergonomics, and the biopsychosocial approach in treating chronic pain.
- Informational posters, brochures, and models were displayed to educate students and visitors on the importance of early intervention and preventive strategies.
- Winners were recognized and awarded for their contributions and enthusiasm.

#### 9. Outcomes of the Event:

Enhanced Awareness: Participants gained a deeper understanding of the prevalence and impact of low back pain, especially in the context of sedentary lifestyles and occupational hazards.

- Professional Inspiration: The event inspired physiotherapy students and practitioners to take a proactive role in public health education and preventive care.
- Understanding of Low Back Pain Etiology and Risk Factors

#### 10. Feedback Summary:

Participants appreciated the focused theme on low back pain, considering it highly relevant to current clinical challenges. The sessions were described as informative, well-structured, and based on the latest evidence-based practices.

The event was seen as a motivating and enriching experience that not only celebrated the physiotherapy profession but also equipped participants with valuable knowledge and practical tools to manage one of the most common musculoskeletal issues – low back pain.

#### 11. Conclusion & Acknowledgment:

We extend our heartfelt gratitude to all the speakers, panellists, faculty members, students, and volunteers whose dedication and enthusiasm made this event impactful and memorable. Special thanks to the organizing committee for their meticulous planning and seamless execution.

We look forward to continuing this journey of learning, service, and excellence in the years to come.

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# **12. Supporting Documents:**





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Submitted by:

Dr. Srushti Vyas, Assistant Professor

Dr. Divya Patil, Assistant Professor