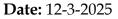
#### **Neotech Campus - Event report**

Name of Institute: Neotech Institute of Physiotherapy

## NC/ NIP/Event report/2024-25/011



#### 1. Title of the Event:

Women's Day Celebration at campus level

#### 2. Organized by:

Neotech Institute of Physiotherapy

#### 3. Date & Venue:

12/3/2025 – seminar hall,1st floor, Academic block-2, Neotech campus

### 4. Objective:

The aim and objective of Neotech Institute of Physiotherapy organizing a Women's Day celebration at the campus level would typically revolve around empowering, recognizing, and celebrating the contributions of women in society.

#### 5. Resource Person(s):

Dr. Harsha Jaiswal- psychologist

### 6. Number of Participants:

Number of Student	0
Number of Faculty	53
Number of external participants (if any)	0

### 7. Program Schedule:

Time	Session Details	Speaker
12:00 – 1:00 PM	Workplace stress & mental health among women – seminar	Dr. Harsha Jaiswal
1:00 -3:00 PM	Games & fun activities	By jaydeep sir & Nisarg sir

# 8. Key Highlights:

- Workplace stress and mental health among women
- Creating a Supportive Environment
- Stress Management Techniques
- Fun activities(Games)
- Unlimited panipuri



Event Report: Page 1 of 3

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**Date:** 12-3-2025

#### 9. Outcomes of the Event:

Gaining tools to cope with stress and mental health challenges can lead to better self-management and resilience, resulting in higher morale and job satisfaction.

Fun team-building activities, like group games or shared celebrations, can strengthen camaraderie, build stronger relationships, and reduce workplace stress, as employees feel more connected to one another

#### 10. Feedback Summary:

The Women's Day celebration organized by NIP received overwhelmingly positive feedback, with participants appreciating the blend of educational content, empowerment, and fun activities. However, there were some suggestions for time management, Overall, the event was a success in fostering a sense of empowerment, connection, and awareness among attendees

## 11. Conclusion & Acknowledgment:

Bringing together employees and attendees to honor and celebrate the achievements of women while fostering important conversations around gender equality, mental health, and workplace well-being. The event effectively combined education, empowerment, and engagement, with a well-balanced mix of insightful seminars, workshops on stress management and mental health, and fun activities that encouraged networking and camaraderie.

- Special appreciation to the speakers and facilitators
- Thank you to the organizing team
- Acknowledgment to all participants
- A big thank you to our leaders and mentors

Event Report: Page 2 of 3

**Neotech Campus - Event report** 

Name of Institute: Neotech Institute of Physiotherapy

**NC/ NIP/Event report/2024-25/011** 

**Date:** 12-3-2025

# **12. Supporting Documents:**









Submitted by: Dr. Divya Patil Assistant professor