

Neotech Campus – Event report

Name of Institute: Neotech Institute of Physiotherapy

NC/ NIP/Event report/2024-25/011

Date: 12-3-2025

1. Title of the Event:

Women's Day Celebration at campus level

2. Organized by:

Neotech Institute of Physiotherapy

3. Date & Venue:

12/3/2025 – seminar hall, 1st floor, Academic block-2, Neotech campus

4. Objective:

The aim and objective of Neotech Institute of Physiotherapy organizing a Women's Day celebration at the campus level would typically revolve around empowering, recognizing, and celebrating the contributions of women in society.

5. Resource Person(s):

Dr. Harsha Jaiswal- psychologist

6. Number of Participants:

Number of Student	0
Number of Faculty	53
Number of external participants (if any)	0

7. Program Schedule:

Time	Session Details	Speaker
12:00 – 1:00 PM	Workplace stress & mental health among women – seminar	Dr. Harsha Jaiswal
1:00 -3:00 PM	Games & fun activities	By jaydeep sir & Nisarg sir

8. Key Highlights:

- Workplace stress and mental health among women
- Creating a Supportive Environment
- Stress Management Techniques
- Fun activities(Games)
- Unlimited panipuri

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9. Outcomes of the Event:

Gaining tools to cope with stress and mental health challenges can lead to better self-management and resilience, resulting in higher morale and job satisfaction.

Fun team-building activities, like group games or shared celebrations, can strengthen camaraderie, build stronger relationships, and reduce workplace stress, as employees feel more connected to one another

10. Feedback Summary:

The **Women's Day celebration organized by NIP** received overwhelmingly positive feedback, with participants appreciating the blend of educational content, empowerment, and fun activities. However, there were some suggestions for time management, Overall, the event was a success in fostering a sense of empowerment, connection, and awareness among attendees

11. Conclusion & Acknowledgment:

Bringing together employees and attendees to honor and celebrate the achievements of women while fostering important conversations around gender equality, mental health, and workplace well-being. The event effectively combined education, empowerment, and engagement, with a well-balanced mix of insightful seminars, workshops on stress management and mental health, and fun activities that encouraged networking and camaraderie.

- Special appreciation to the speakers and facilitators
- Thank you to the organizing team
- Acknowledgment to all participants
- A big thank you to our leaders and mentors

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12. Supporting Documents:



Submitted by:

Dr. Divya Patil

Assistant professor